

## **OZONE TREATMENT PROTOCOL FOR PSORIASIS**

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**Nota Bene:** The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages.  
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

### **Major Autohemotherapy (AHTMajor) in blood 100ml**

| Week of Treatment | O <sub>3</sub> Concentration<br>(µg/NmL) | O <sub>3</sub> Volume<br>(mL) | Doses<br>(mg) |
|-------------------|--|-------------------------------|---------------|
| First             | 20                                       | 125                           | 2.5           |
| Second            | 30                                       | 125                           | 3.7           |
| Third             | 40                                       | 110                           | 4.4           |
| Fourth            | 45                                       | 110                           | 4.9           |
| Fifth             | 50                                       | 110                           | 5.5           |

Complete 15 sessions.

### Minor Autohemotherapy (AHTMinor) in blood 5mL

| Week of Treatment | O3 Concentration<br>( $\mu\text{g}/\text{NmL}$ ) | O3 Volume<br>(mL) | Doses<br>(mg) |
|-------------------|--|-------------------|---------------|
| First             | 20   | 5                 | 0.10          |
| Second            | 30   | 5                 | 0.15          |
| Third             | 35   | 5                 | 0.175         |
| Fourth            | 40   | 5                 | 0.20          |
| Fifth             | 45   | 5                 | 0.22          |

Complete 15 sessions.

### Rectal Route

(it can be used this route on its own or combined with AHTmajor or AHTminor)

| Week of Treatment | O3 Concentration<br>( $\mu\text{g}/\text{NmL}$ ) | O3 Volume<br>(mL) | Doses<br>(mg) |
|-------------------|--|-------------------|---------------|
| First             | 25   | 100               | 2.5           |
| Second            | 30   | 120               | 3.6           |
| Third             | 35   | 150               | 5.2           |
| Fourth            | 40   | 150               | 6.0           |

Daily frequency. Complete 20 sessions, repeat cycle each 4-6 months.

Associate the systemic treatment to the following medical indications:

- Combine with corporal bagging or bell ozone administration of the skin lesions at 30  $\mu\text{g}/\text{NmL}$ .
- Associate infiltrations in the injured areas, once per week, 0.5-1mL volume at 20  $\mu\text{g}/\text{NmL}$  of ozone concentration.
- Apply daily, twice a day ozonized oil at 600- 400 IP.