

# 5

## Hypoxia

**K.K. Jain**

Tissue hypoxia plays an important role in the pathogenesis of many disorders, particularly those of the brain. Correction of hypoxia by hyperbaric oxygenation is, therefore, an important adjunct in the treatment of those disorders. This chapter looks at:

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## Introduction

The term "hypoxia" generally means a reduced supply of oxygen in the living organism. In contrast, "anoxia" implies a total lack of oxygen, although the word is sometimes used as a synonym for hypoxia. It is difficult to define hypoxia precisely, but it may be described as a state in which aerobic metabolism is reduced by a fall of  $pO_2$  within the mitochondria. In this situation, the partial pressure of oxygen, which in dry air is 160 mmHg, drops to about 1 mmHg, by the time it reaches the mitochondria of the cell. Below this value aerobic metabolism is not possible.

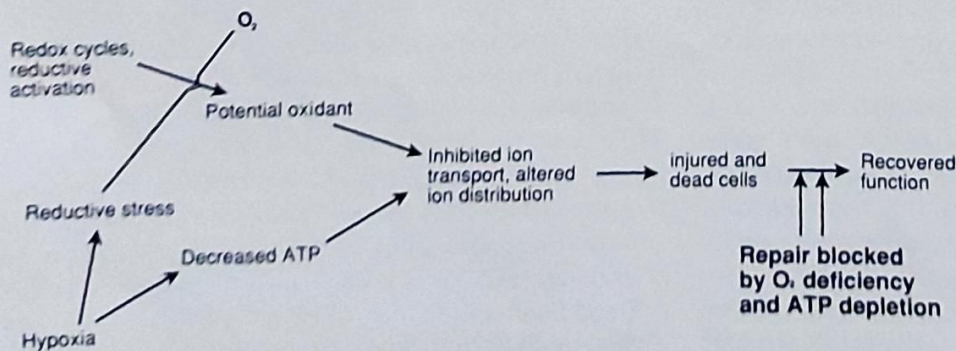
The subject of hypoxia has been dealt with in detail elsewhere (Jain 1989b). A few important aspects should be discussed here because relative tissue hypoxia is frequently the common denominator of many diseases that are amenable to HBO therapy.

## Pathophysiology of Hypoxia

Within the cell, 80% of the total oxygen consumption is by mitochondria, and 20% by a variety of other subcellular organs. The biochemical reactions in these locations serve a variety of biosynthetic, biodegradative, and detoxificatory oxidations. Some of the enzymes involved in the synthesis of neurotransmitters have low affinities for oxygen and are impaired by moderate depletions of oxygen. Some of the manifestations of oxygen depletion are related to "transmitter failure" (decreased availability of transmitter), rather than bioenergetic failure. The disturbances that lead to decreased oxygen supply could operate at any of the three phases mentioned in Chapter 2, i.e.,

- The respiratory phase,
- The phase of oxygen transport, or
- The phase of oxygen use by the tissues.

Hypoxia can potentiate injury due to oxidative stress. The proposed sequences are shown in Figure 5.1.



**Figure 5.1**  
Proposed sequence in which hypoxia potentiates injury due to oxidative stress (Jones 1985, by permission of the author).

## Effect of Hypoxia on Cellular Metabolism

Hypoxia depresses mitochondrial oxidative phosphorylation. Creatine phosphorylase is released, as evidenced by sarcolemmal damage during hypoxia. This process is considered to be calcium-mediated, because calcium channel blockers protect the cell from hypoxic damage.

A rapid decline in ATP levels under hypoxic conditions may cause an increase in calcium flux into the cytosol because of inhibition of the calcium pump in the plasma membrane, mitochondria, and endoplasmic reticulum. Alternatively, ATP may be metabolized to hypoxanthine, a substrate for superoxide anion formation.

Barcroft (1920) classified hypoxia as follows:

- Hypoxic: includes all types of hypoxia in which not enough oxygen reaches the alveoli
- Anemic: caused by inadequate hemoglobin or abnormal hemoglobin, so that not enough oxygen can be transported to the tissues
- Stagnant or circulatory: blood flow is inadequate to carry the oxygen to the tissues.
- Histotoxic: the tissues cannot use the oxygen even though it reaches the tissues in adequate quantities.

The causes of hypoxia are shown in Table 5.1.

## General Impact of Hypoxia

The effects of hypoxia vary in accordance with its cause, whether the situation is acute or chronic, and also with the overall state of health of the individual in question.

Cellular hypoxia may develop in multiple organ failure syndrome because of the increased oxygen demand at the tissue level and/or because the ability to extract oxygen at the cellular level is decreased. Restoration of oxygen transport and metabolic support are important components of treatment.

**Table 5.1**  
**Causes of Hypoxia**

- I. Inadequate oxygenation in the lungs**
1. Deficient oxygen in the atmosphere: high altitudes, closed spaces
  2. Hypoventilation:
    - a) Respiratory muscle paralysis or weakness due to neuromuscular or neurological diseases
    - b) Extreme obesity
    - c) Central depression of respiration due to the effect of sedatives, narcotics or anesthetic
  3. Pulmonary disorders:
    - a) Chronic obstructive pulmonary disease, such as: chronic bronchitis and emphysema, hypoxic cor pulmonale
    - b) Restrictive lung disease: adult respiratory distress syndrome, chest injuries, deformities of the chest and the thoracic spine
  4. Sleep disordered breathing: Sleep apnea, snoring, nocturnal hypoxia
  5. Increased demand of tissues beyond normal supply (relative hypoxia): Exercise, inflammation, and hyperthermia
- II. Inadequate transport and delivery of oxygen**
1. Carriage of oxygen combined with hemoglobin:
    - a) Anemia; reduced RBC
    - b) Reduced effective hemoglobin concentration: COHb, MetHb, etc.
  2. Increased affinity of hemoglobin for oxygen:
    - a) Reduced DPG in RBC
    - b) Reduced temperature
    - c) Increased pH of blood
  3. Circulatory disorders:
    - a) Global decrease of cardiac output
    - b) Systemic arteriovenous shunts; right to left cardiac shunts
    - c) Maldistribution of cardiac output; regional circulatory disturbances
  4. Disturbances of hemorrheology and microcirculation:
    - a) Increased viscosity
    - b) RBC disease: decreased surface, stiff cell membrane, etc.
- III. Capability of tissue to use oxygen is inadequate**
1. Cellular enzyme poisoning: cytochrome P-450 and a3 cytochrome oxidase
  2. Reduced cellular enzymes because of vitamin deficiency

(Reproduced from K.K. Jain: *Oxygen in Physiology and Medicine*. Thomas, Springfield, Illinois 1989b. By permission of the publisher).

## Respiratory Function

Hypoxia initially leads to an increase in the respiratory rate, but later the rate is decreased. It remains controversial whether there is depression of the respiratory center, decreased central chemoreceptor  $p\text{CO}_2$ , or both. Respiratory depression is likely due to a fall in tissue  $p\text{CO}_2$  resulting from an increase in blood flow caused by hypoxia.

In hypoxia caused by hypoventilation,  $\text{CO}_2$  transfer between alveoli and the atmosphere is affected as much as

oxygen transfer, and hypercapnia results, i.e., excess  $\text{CO}_2$  accumulates in the body fluids. When alveolar  $p\text{CO}_2$  rises above 60–75 mmHg, dyspnea becomes severe, and at 80–100 mmHg stupor results. Death can result if  $p\text{CO}_2$  rises to 100–150 mmHg.

## Cardiovascular System

Circulatory responses to hypoxia have been studied mainly in the laboratory animals and a few conclusions that can be drawn are as follows:

- The local vascular effect of hypoxic vasodilation is probably common to all but the pulmonary vessels. It is strongest in active tissues (heart, brain, working skeletal muscle) that are dependent on oxygen for their metabolism.
- A chemoreceptor reflex produces an increase in cardiac contractility as well as selective vasoconstriction that supports arterial pressure and some redistribution of cardiac output.
- The overall response to hypoxia involves an increase in cardiac output and selective vasodilation and vasoconstriction in an attempt to maintain oxygen delivery and perfusion pressure to all organs.

## General Metabolic Effects

The following disturbances have been observed as a result of experimental hypoxia produced in animals:

- Appearance of excess lactate in the blood
- Appearance of 2,3-DPG in the blood of animals exposed to hypoxia of high altitudes
- Higher plasma levels of corticosterone, leading to neogluconeogenesis
- Decrease of long-chain unsaturated fatty acids in the blood sera of rats adapted to hypoxia

## Effects of Hypoxia on the Brain

Although any part of the body can be affected by hypoxia, the effects are most marked on the cells of the central nervous system, for the following key reasons:

- The brain has unusually high resting energy requirements, which can only be met by oxidative breakdown of the exogenous substrate. Anaerobic production of energy by glycolysis is not adequate to maintain normal brain function.
- The brain cannot store oxygen. Its energy reserves are

low and usually it cannot tolerate anoxia (due to lack of circulation) for more than 3 min.

- The brain, unlike muscle tissue, is incapable of increasing the number of capillaries per unit of volume.
- Neurons have a poor capacity to recover or regenerate after dysoxia.

## Cerebral Metabolism

### Basic Considerations

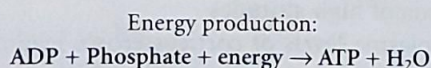
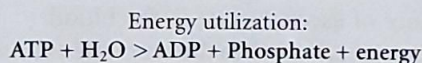
Cerebral metabolism, particularly that of oxygen, is closely tied in with cerebral blood flow (CBF). The brain, although it makes up only 2% of the body weight, consumes 20% of the oxygen taken in by the body and receives 15% of the cardiac output. This is a remarkably high oxygen consumption, considering that the brain, unlike the heart muscle, does not perform any physical work.

Cerebral metabolism is depicted by another term, glucose oxidation quotient (GOQ). It denotes the ratio:

$$\frac{\text{AVD of Glucose} - \text{AVD of Lactate (in mg/dl)}}{\text{AVD Oxygen (in vol\%)}}$$

where AVD is the arterio-venous difference. Normally this value is 1.34, because 1.0 ml of oxygen oxidizes 1.34 mg of glucose.

Cell energy metabolism is simply a balance between use of adenosine triphosphate (ATP) during the performance of work and its resynthesis in anabolic sequence, which provides the energy required to rephosphorylate adenosine diphosphate (ADP). The resulting energy metabolism is depicted by the following equations:



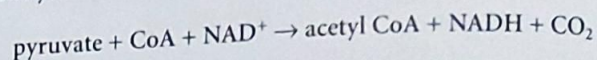
The brain produces about as much  $\text{CO}_2$  as it consumes in oxygen; i.e., the respiratory quotient is close to 1.0. On a molar basis, the brain uses a remarkable six times as much oxygen as glucose. Glucose is normally the sole substrate and is completely utilized.

The rate of electron transport, and thereby of oxygen use, is determined by the rate of consumption of ATP and the rate of accumulation of ADP and  $\text{P}_i$ . Most studies in humans have shown that oxygen consumed accounts for only 90%–95% of the glucose extracted, leading to the view that 5%–10% of the glucose extracted by the brain is metabolized to lactic acid. The cause of this is not known, but it may be an “emergency metabolic exercise” by the brain.

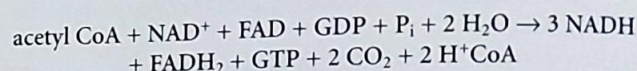
Pathways of cerebral metabolism (glycolysis, the citric cycle, and the GABA pathway) are shown in Figure 5.2.

Glycolysis includes a series of enzymatic reactions by which the cytoplasmic glucose is built into 2 molecules of

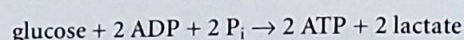
lactate. Thus no oxygen is necessary, but nicotinamide adenine dinucleotide ( $\text{NAD}^+$ ) is required. In all, glycolysis produces 2 molecules of NADH and ATP from each molecule of glucose. Under aerobic conditions, pyruvate is decarboxylated oxidatively:



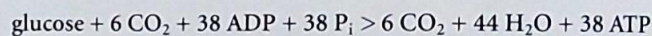
Acetyl CoA is transported in the mitochondria and goes into the citric cycle; NADH is oxidized through mitochondrial electron transfer. Pyruvate and several other products of intermediate metabolism are oxidized through the citrate cycle, whereby the hydrogen of  $\text{NAD}^+$  and flavine adenine dinucleotide (FAD) is carried over by substrate specific dehydrogenases. In summary, the balance of the cycle is:



where lactate is the end product of the glycolytic reaction, we obtain:



If we add up all ATP formed from the oxidation of 1 molecule of glucose, we find the following balance:



Thus the complete oxidation of a glucose molecule provides 19 times as much ATP as anaerobic glycolysis.

The key enzyme for the regulation of the rate of glycolysis is phosphofructokinase, which is activated by  $\text{P}_i$ , adenosine monophosphate (AMP), cyclic AMP (cAMP), ADP, and ammonia. It is inhibited by ATP and citrate.

Glucose degradation is partly regulated by glucose availability. In the presence of glucose, norepinephrine-induced glycogenolysis is blocked despite elevations in cAMP.

On the whole, the brain energy turnover is 7 molecules/min. One molecule of ATP contains 29.7 kJ of energy.

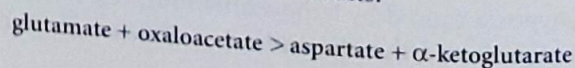
It is postulated that the relative concentration of adenine nucleotide, also expressed as energy charge (EC), has the most important metabolic regulatory effect:

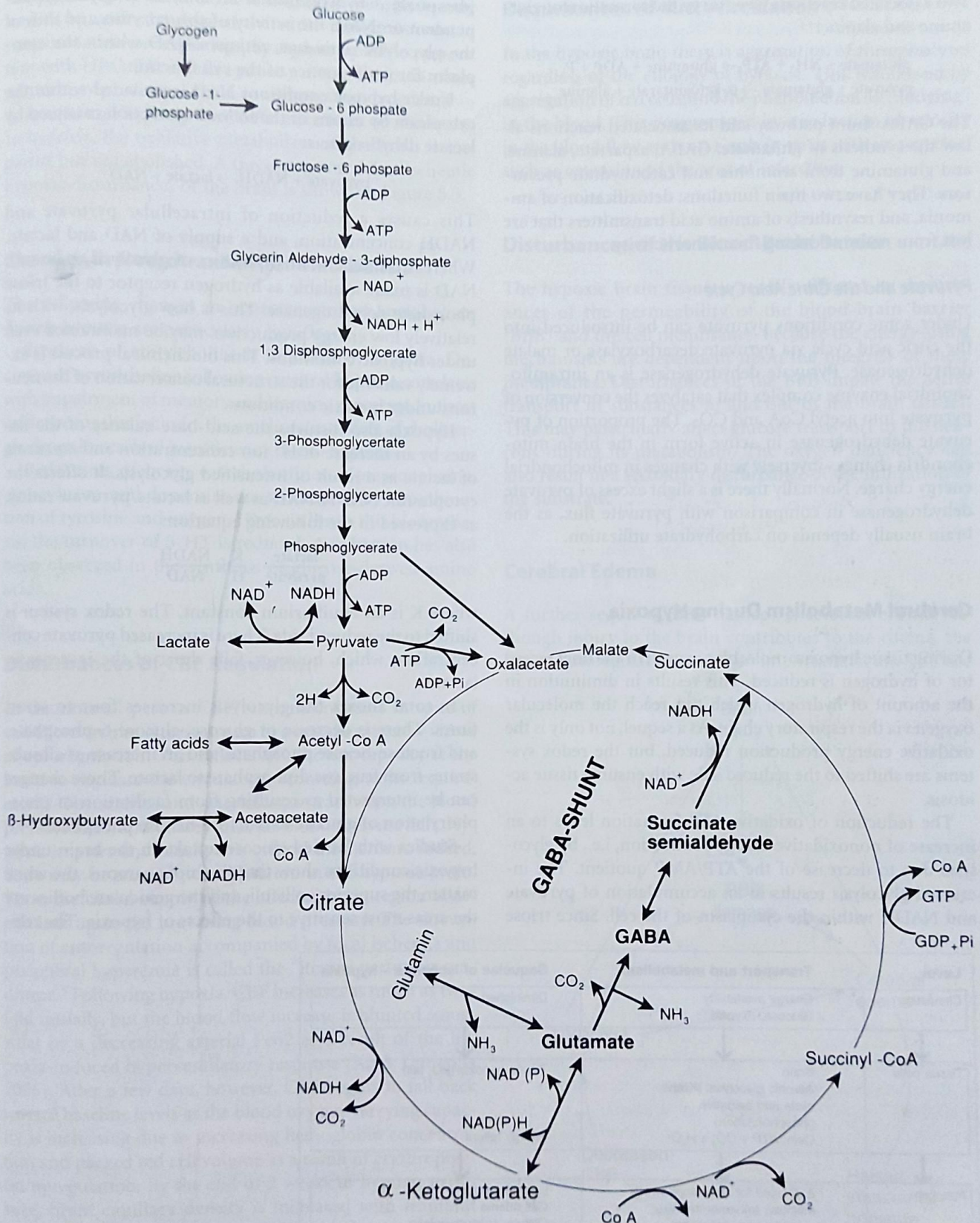
$$\frac{\text{EC} + \text{ATP} + \frac{1}{2}\text{ADP}}{\text{AMP} + \text{ADP} + \text{ATP}}$$

Under physiological conditions this quotient generally has a value between 0.85 and 0.95, and this value falls significantly in cerebral ischemia.

### The GABA Shunt

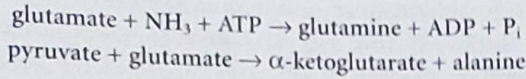
It has been shown that 10% of the carbon atoms from pyruvate molecules are metabolized via the GABA shunt. When coupled with the aspartate aminotransferase (AST) reaction, aspartate formation results:





**Figure 5.2**  
Glycolytic pathway, citric acid cycle, and GABA shunt.

Two associated reactions give rise to the formation of glutamine and alanine:



The GABA shunt pathway and its associated reactions allow the synthesis of glutamate, GABA, aspartate, alanine, and glutamine from ammonia and carbohydrate precursors. They have two main functions: detoxification of ammonia, and resynthesis of amino acid transmitters that are lost from neurons during functional activity.

*Pyruvate and the Citric Acid Cycle*

Under some conditions pyruvate can be introduced into the citric acid cycle via pyruvate decarboxylase or malate dehydrogenase. Pyruvate dehydrogenase is an intramitochondrial enzyme complex that catalyzes the conversion of pyruvate into acetyl CoA and CO<sub>2</sub>. The proportion of pyruvate dehydrogenase in active form in the brain mitochondria changes inversely with changes in mitochondrial energy charge. Normally there is a slight excess of pyruvate dehydrogenase in comparison with pyruvate flux, as the brain usually depends on carbohydrate utilization.

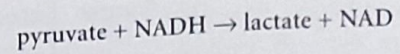
**Cerebral Metabolism During Hypoxia**

During tissue hypoxia, molecular oxygen or the final receptor of hydrogen is reduced. This results in diminution in the amount of hydrogen which can reach the molecular oxygen via the respiratory chain. As a sequel, not only is the oxidative energy production reduced, but the redox systems are shifted to the reduced side with ensuing tissue acidosis.

The reduction of oxidative ATP formation leads to an increase of nonoxidative energy production, i.e., by glycolysis due to decrease of the ATP/AMP quotient. The increased glycolysis results in an accumulation of pyruvate and NADH within the cytoplasm of the cell. Since triose

phosphate dehydrogenase is an enzyme of glycolysis dependent on NAD, the activity of this enzyme, and thus of the glycolytic pathways, requires NAD within the cytoplasm for maintenance of the cell function.

Under hypoxic conditions NAD is provided within the cytoplasm by means of the following reaction catalyzed by lactate dehydrogenase:



This causes a reduction of intracellular pyruvate and NADH concentration, and a supply of NAD and lactate. Whereas lactate, the final product of glycolysis, is bound, NAD is made available as hydrogen receptor to the triose phosphate dehydrogenase. This is how glycolysis, with its relatively low energy production, may be maintained even under hypoxic conditions. This biochemical process is extremely valuable for the structural conservation of the neurons under hypoxic conditions.

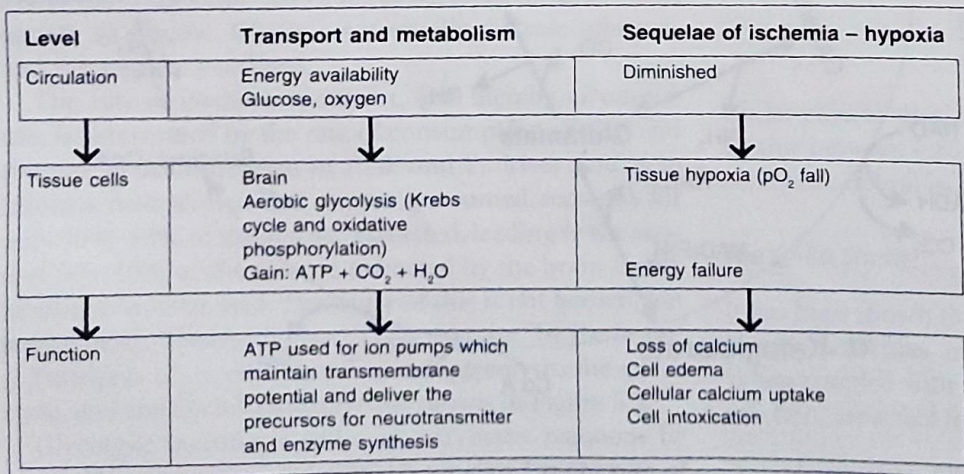
Hypoxia also disturbs the acid-base balance of the tissues by an increase of H<sup>+</sup> ion concentration and an excess of lactate as a result of intensified glycolysis. It affects the cytoplasmic NADH/NAD as well as lactate/pyruvate ratios, as expressed in the following equation:

$$\frac{\text{lactate}}{\text{pyruvate}} \times \frac{K}{H} = \frac{\text{NADH}}{\text{NAD}}$$

where K is an equilibrium constant. The redox system is shifted to the reduced side. There is increased pyruvate concentration, which, however, falls short of the increase in lactate.

In total anoxia the glycolysis increases four to seven times. There is decrease of glucose, glucose-6-phosphate, and fructose-hexose phosphate, and an increase of all substrates from fructose diphosphate to lactate. These changes can be interpreted as resulting from facilitation of phosphorylation of glucose to fructose-hexose phosphate.

Studies with labeled glucose uptake in the brain under hypoxic conditions show that the hippocampus, the white matter, the superior colliculi, and the geniculate bodies are the areas most sensitive to the effects of hypoxia. The rela-



**Figure 5.3**  
A three-stage model of ischemic-hypoxic disturbances of the brain.

tively greater sensitivity of the white matter to hypoxia may lead to an understanding of the white matter damage in postanoxic leukoencephalopathy and its possible prevention with HBO. The relative paucity of capillaries in white matter may predispose them to compression by edema.

Anoxia and hypoxia have different effects on the brain. In hypoxia, the oxidative metabolism of the brain is impaired but not abolished. A three-stage model of ischemic hypoxic disturbances of the brain is shown in Figure 5.3.

### Changes in Neurotransmitter Metabolism

The following changes in neurotransmitter metabolism during hypoxia are particularly significant:

Synthesis of acetylcholine is impaired by hypoxia. Decrease of acetylcholine following cerebral hypoxia correlates with impairment of memory and learning processes. Indirect evidence for this includes the ameliorating effect of cholinergic drugs in cerebral insufficiency due to hypoxia.

Reduction of brain catecholamines. Norepinephrine, epinephrine, and dopamine are synthesized by a combination of tyrosine and oxygen. Hypoxia limits this biosynthesis; the turnover of 5-HT is reduced. A reduction has also been observed in the synthesis of glucose-derived amino acids.

### Disturbances of CBF Regulation

In the normal person CBF remains constant in spite of variations in blood pressure up to a certain extent by virtue of autoregulation. This reflects an inherent capacity of the brain to regulate the circulation according to its requirements. The arteries and arterioles contract when the blood pressure rises, and dilate when the blood pressure falls. Hypoxia impairs and blocks this critical mechanism; indeed, there may be marked vasodilatation in the hypoxic brain. Thus, the blood supply of the affected brain region is dependent upon the prevailing blood pressure. The disruption of autoregulation accompanied by focal ischemia and peripheral hyperemia is called the "luxury perfusion syndrome." Following hypoxia, CBF increases as much as two-fold initially, but the blood flow increase is blunted somewhat by a decreasing arterial  $P_{CO_2}$  as a result of the hypoxia-induced hyperventilatory response (Xu & Lamanna 2006). After a few days, however, CBF begins to fall back toward baseline levels as the blood oxygen-carrying capacity is increasing due to increasing hemoglobin concentration and packed red cell volume as a result of erythropoietin upregulation. By the end of 2 weeks of hypoxic exposure, brain capillary density is increased with resultant decreased intercapillary distances. The relative time courses of these changes suggest that they are adjusted by different control signals and mechanisms.

### Disturbances of Microcirculation

In the hypoxic brain there is aggregation of thrombocytes regardless of the etiology of hypoxia. This is followed by aggregation of red cells, and the phenomenon of "sludging" in the blood. This is aggravated by a reduction of velocity in the blood flow and can result in stasis with its sequelae, such as extension of the area of infarction.

### Disturbances of the Blood-Brain Barrier

The hypoxic brain tissue is readily affected by disturbances of the permeability of the blood-brain barrier (BBB) and the cell membranes, because the energy-using mechanisms are dependent upon the integrity of these membranes. Disturbances of the BBB impair the active transport of substances in and out of the brain tissues. This may particularly affect glucose transport to the neurons during its metabolism. The oxygen deficiency can also result in a secondary disturbance of the utilization of the substrate.

### Cerebral Edema

A further sequel of BBB damage is cerebral edema. Although injury to the brain contributes to the edema, the loss of autoregulation is also an important factor. The rise

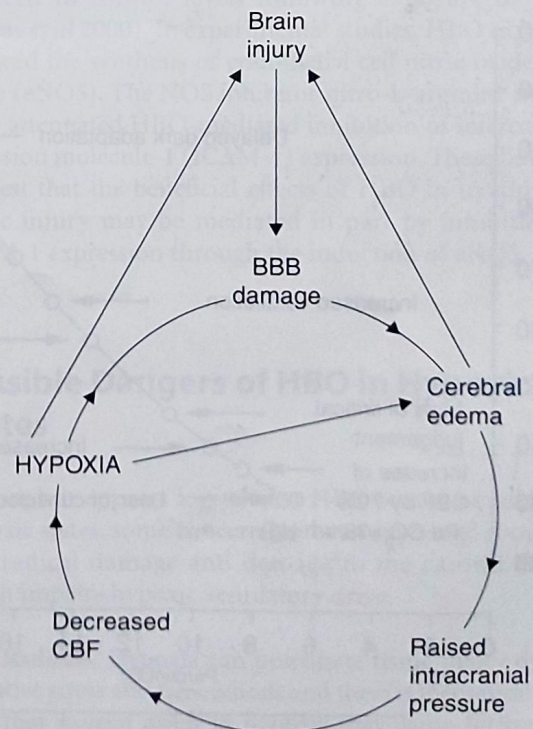


Figure 5.4

Hypoxia as a central factor in edema due to brain injury.

of intracapillary pressure leads to seepage of fluid into the extracellular space. The edema impairs the oxygen supply to the brain and leads to an increase of intracranial pressure and a decrease of CBF. Hypoxia which complicates a brain injury is a dreaded phenomenon, and represents a decisive factor in the outcome of the illness. Hypoxia is the central factor in the vicious circle shown in Figure 5.4.

### Effect of Hypoxia on the Electrical Activity of the Brain

The electrical activity of the neurons in the human CNS is remarkably sensitive to hypoxia. EEG activity is attenuated after 10–30 s, and evoked potentials are depressed within 1–3 min of hypoxia. Little is known of the important mechanisms underlying these effects.

Disappearance of EEG activity with hypoxia and reappearance on oxygenation are related to the creatine phosphate (CrP)/creatine (Cr) quotient, pointing to a close functional relationship between brain energy potentials and EEG activity. Computer analysis of EEG in induced hypoxia in human subjects shows that both the mean frequency and the mean amplitude closely reflect the degree of hypoxia.

Electrocerebral silence occurs when cerebral venous  $pO_2$  reaches 20 mmHg, or after only 6 s of total anoxia.

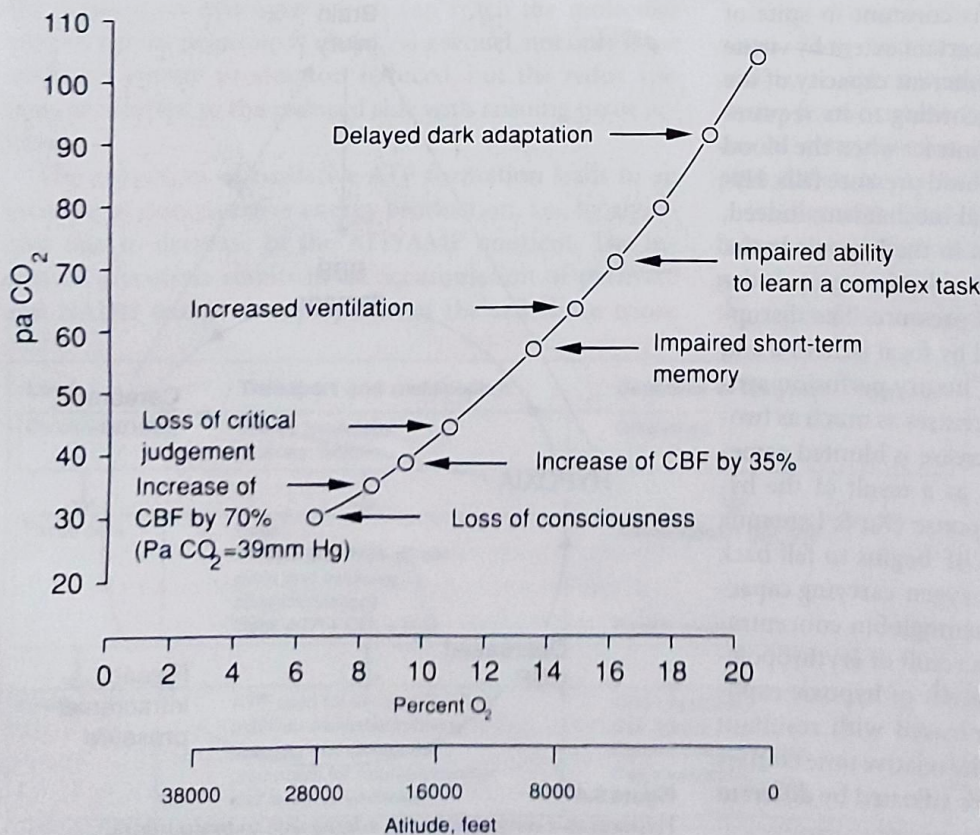
### Disturbances of Mental Function in Cerebral Hypoxia

McFarland *et al* (1944) demonstrated that oxygen deprivation, whether induced by high altitude or CO poisoning, leads to loss of capacity of sensory perception and judgment. The subjects recovered when oxygen supply was resumed. Some important causes of hypoxia that lead to impairment of mental function are:

- Chronic carbon monoxide poisoning
- High altitudes; climbing peaks over 8000 m without supplemental oxygen
- Sleep disordered breathing
- Chronic obstructive pulmonary disease

Hypoxia has been considered a causal factor in the decline of intellectual function in the elderly. Cerebral symptoms appear at even a moderate degree of hypoxic hypoxia, demonstrating that certain higher functions are very sensitive to restriction of the oxygen supply, as suggested in Figure 5.5. Delayed dark adaptation has been reported at alveolar oxygen tensions of 80 mmHg, but abnormalities in psychological tests do not occur until alveolar  $pO_2$  is reduced below 50 mmHg, and gross deterioration of mental functions appears only below alveolar  $pO_2$  values of 40 mmHg.

Schlaepfer *et al* (1992) have shown that a mild and rapid hypoxic challenge, by breathing 14.5% oxygen or rapid ascent by helicopter to a mountain peak 3450 m high, may



**Figure 5.5**

Influence of inspired oxygen concentration on alveolar  $pO_2$  in man, with symptoms of and physiological responses to hypoxia (Siesj *et al* 1974, by permission of the author).



improve a simple measure of cognitive performance. Effects of hypoxia vary according to the mode of induction, severity, and duration.

### Structural Changes in the Brain After Hypoxia

Patients who recover following resuscitation for cardiopulmonary arrest may not show any structural changes demonstrable by imaging studies. Patients with a residual vegetative state usually develop cerebral atrophy with decrease of rCBF and oxygen consumption. In the subacute phase these patients may show white matter lucencies on CT scan. PET findings (decrease of rCBF and rCMRO), weeks after the ischemic-hypoxic insult, correlate with the neuropsychiatric deficits due to cardiopulmonary arrest.

### Conditions associated with Cerebral Hypoxia

Various conditions associated with cerebral hypoxia are shown in Table 5.2. Pathophysiology and management of these are discussed in various chapters of this book.

**Table 5.2**  
**Conditions Associated with Cerebral Hypoxia**

- Air embolism
- Carbon monoxide poisoning
- Cardiac arrest
- Cyanide poisoning
- Decompression sickness involving the brain
- Drowning
- Fat embolism
- Severe head injury
- Strangulation
- Stroke

### Assessment of Hypoxic Brain Damage

Various abnormalities demonstrated on brain imaging are described in Chapters 17 and 19. Delayed hypoxic changes are likely to manifest by changes in basal ganglia. The classical example of hypoxic brain damage is that after cardiac arrest. Hypoxic brain damage after cardiac arrest can be estimated by measurements of concentrations of serum S-protein which is an established biomarker of central nervous system injury. It is a reliable marker of prediction of survival as well as of outcome.

## ✓ Role of HBO in the Treatment of Hypoxic States

Hypoxia due to inadequate oxygenation in the lungs, either from extrinsic factors or owing to pulmonary disease, can

usually be corrected by oxygen. The role of HBO in pulmonary disorders is discussed in Chapter 28. The major applications of HBO are in conditions with inadequate transport and delivery of oxygen to the tissues, or inadequate capacity of the tissues to use oxygen. The uses of HBO in the treatment of circulatory disturbances and tissue edema are discussed in other chapters: myocardial ischemia in Chapter 24, CO poisoning in Chapter 12, stroke in Chapter 18, and global ischemia/anoxia and coma in Chapter 19.

Neurons can tolerate between 20 and 60 min of complete anoxia without irreversible changes. Following these severe insults, neurons regain the ability to synthesize protein, produce ATP, and generate action potentials. HBO can facilitate this recovery process.

The most significant effects of hypoxia are on the brain, and a review of the metabolic effects leads to the rationale of HBO therapy in hypoxic conditions of the brain, particularly those due to cerebrovascular ischemia.

Hypoxia is also a common feature of the tumor microenvironment and a major cause of clinical radioresistance. Role of HBO in enhancing cancer radiosensitivity is discussed in Chapter 36.

### The Role of Nitric Oxide Synthase in the Effect of HBO in Hypoxia

The adhesion of polymorphonuclear leukocytes to endothelial cells is increased following hypoxic exposure and is reduced to control levels following exposure to HBO (Buras *et al* 2000). In experimental studies, HBO exposure induced the synthesis of endothelial cell nitric oxide synthase (eNOS). The NOS inhibitor nitro-L-arginine methyl ester attenuated HBO-mediated inhibition of intercellular adhesion molecule-1 (ICAM-1) expression. These findings suggest that the beneficial effects of HBO in treating hypoxic injury may be mediated in part by inhibition of ICAM-1 expression through the induction of eNOS.

### Possible Dangers of HBO in Hypoxic States

Although it appears logical that HBO would be useful in hypoxic states, some concern has been expressed about the free radical damage and damage to the carotid bodies which impairs hypoxic ventilatory drive.

**Free Radicals.** Hypoxia can potentiate tissue injury due to oxidative stress and free radicals and there is theoretical concern that oxygen given in hypoxia may cause further cell damage. The counter argument is that correct of hypoxia by HBO would reduce the free radical formation resulting from

